

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: *Beef Taco Filling, Reduced Fat

Product Code: 5224

Processor: J.T.M. Provisions Co., Inc.

Category: Meat and Meat Alternate

Date: 4/11/2005

Description: Beef taco filling is a fully cooked ground beef seasoned with a mild dry Mexican flavoring ingredients. It is packaged in a boilable, steamable poly bag

Pack Size: 6- 5 lb bags per case, 139 approximate servings per case

Storage: Store at 0 degree's F or below

Preparation: This product is fully cooked, ready to heat and serve.

Cooking: Convection Oven: Remove from pouch, place in covered pan, heat at 375 F for 60 minutes frozen or 30 minutes thawed, stirring occasionally.
Conventional Oven: Remove from pouch, place in covered pan, heat at 400 F for 70 minutes frozen or 45 minutes thawed, stirring occasionally. Steam Kettle/Steamer/Boiling Water: Place unopened pouch in water, heat for 40 to 45 minutes frozen or 25 to 30 minutes thawed. Once the product has reached serving temperature, 160 degrees, you may turn down the water so the temperature is at least 170 F and hold the product until needed.

Serving Size: 3.45 oz

Meal Contribution: 2 meat/meat alternate

Nutrition Facts			
Calories:	145.46	Protein:	14.55 grams
Total Fat:	9.09 grams	Carbohydrate:	3.64 grams
Saturated Fat:	3.64 grams	Cholesterol:	36.36 mg
Trans Fat:	grams	Calcium:	30.91 mg
Iron:	1.82 mg	Dietary Fiber:	1.82 grams
Sodium:	563.64 mg	Vitamin C:	0.00 mg
Vitamin A:	160.00 IU		

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